

"Springtime is the land awakening. The March winds are the morning yawn."

~ Lewis Grizzard



"Wherever you go and whatever you do, may the luck of the Irish be there with you."

"Where flowers bloom, so does hope."

~ Lady Bird Johnson

"May your day be filled with peace, love, and light"

10am Cardio Drum  
1pm Book Club  
2pm Game Hour - UNO  
6:30pm Greedy Dice

10am Cardio Drum  
10:30am -12:30pm Stitching Group~ Drop In  
1pm Injury Prevention  
"Stroke Awareness"  
\*held in The Tarpinian Room  
2pm Game Hour - UNO  
6:30pm Greedy Dice

10am Cardio Drum  
1:00pm Folkfest with Don Spry & a St. Patrick's Day Treat (held in The Tarpinian Room)  
2pm Game Hour - UNO  
6:30pm Greedy Dice

10am Cardio Drum  
10:30am -12:30pm Stitching Group~ Drop In  
11am Dr. Gopoian's Campus Podiatry Visits  
2pm Game Hour - UNO  
6:30pm Greedy Dice

10am Cardio Drum  
1:00pm Game of Sequence Competition (held in The Tarpinian Room)  
2pm Movie & Popcorn "Enola Holmes" (held in the Coffee Room)  
6:30pm Greedy Dice

10am No Service  
10am Men's Coffee  
11am Rise & Thrive Chair Exercise  
3pm FCL Library Hour & "Crafternoon"  
7:00pm Bingo

10am No Services  
10am Men's Coffee  
11am Rise & Thrive  
2pm Nutrition Month Presentation w/Morrison "And the Beet Goes On" (held in The Tarpinian Room)  
7:00pm Bingo

10am Catholic Prayer & Communion  
10am Men's Coffee  
11am Rise & Thrive  
2:30pm BCPA Condo Board Meeting (held in The Tarpinian Room)  
7:00pm Bingo

10am Catholic Prayer & Communion  
10am Men's Coffee  
11am Rise & Thrive  
12:30pm Select Rehab Lunch & Learn "Living with Edema & Lymphedema"  
7:00pm Bingo

10am Catholic Prayer & Communion  
10am Men's Coffee  
11am Rise & Thrive Chair Exercise  
7:00pm Bingo

10am Rise & Thrive Chair Exercise  
10:30am Aggravation  
11:30am Grocery Trip  
1pm Song & Comedy Fest (held in the Coffee Room)  
2-3:00pm Store Open  
2-3:00pm Snack Cart

10am Rise & Thrive Chair Exercise  
10:30am Aggravation  
11:30am Grocery Trip  
1pm Song & Comedy Fest (held in the Coffee Room)  
2-3:00pm Store Open  
2-3:00pm Snack Cart

10am Rise & Thrive Chair Exercise  
10:30am Aggravation  
11:30am Grocery Trip  
1pm Song & Comedy Fest (held in the Coffee Room)  
2-3:00pm Store Open  
2-3:00pm Snack Cart

10am Rise & Thrive Chair Exercise  
10:30am Aggravation  
11:30am Grocery Trip  
1pm Song & Comedy Fest (held in the Coffee Room)  
2-3:00pm Store Open  
2-3:00pm Snack Cart

10am Cardio Drum  
10:30am Thankful Thursday  
1pm Crossword  
2pm Celebrating March Birthdays (held in The Tarpinian Room)

10am Cardio Drum  
11am SOAR Life Long Learning Presentation (held in The Tarpinian Room)

1:00pm Crossword  
2:00pm Singers

10am Cardio Drum  
12pm Pizza Lunch & Bingo (\$10) (in The Tarpinian Room)  
1:30pm Crossword  
3pm Marcia Filek's Apartment Town Hall Director of Residential Svcs.

10am Cardio Drum  
12pm Angela Hospice "Coffee & Connection" (held in The Tarpinian Room)  
1:00pm Crossword  
2:00pm Singers  
2pm Music w/Don Spry (held in the IL+ Bistro)

10am Coffee & Donuts  
11am Rise & Thrive Chair Exercise  
2pm Movie & Popcorn "Leap Year" (held in the Coffee Room)  
2:00pm Soup Delivery

10am Coffee & Donuts  
11am Chair Exercise  
2:00pm Soup Delivery  
2pm DSO Performance  
*Detroit Symphony Orchestra* (held in The Tarpinian Room)

10am Coffee & Donuts  
11am Rise & Thrive Chair Exercise  
12pm 1st Day of Spring Community Luncheon RSVP by March 13th (held in the IL+ Bistro)

10am Coffee & Donuts  
11am Rise & Thrive Chair Exercise  
2pm Classical Music Concert w/Pianist Maria Meirelles & Clarinetist Norma Shaw (held in The Tarpinian Room)

11am Bible Study (held in the Coffee Room)  
6:00 pm Brain Boosters Society Meeting & Trivia (held in The Tarpinian Room)

11am Bible Study (held in the Coffee Room)  
Join your neighbors... ~ for a walk outside or in our hallways! ~ play a board game ~ build a puzzle

11am Bible Study (held in the Coffee Room)  
4:00 pm Community Sing-A-Long (held in The Tarpinian Room)

11am Bible Study (held in the Coffee Room)  
Join your neighbors... ~ for a walk outside or in our hallways! ~ play a board game ~ build a puzzle

# March 2026

The Commons Corewell Health Senior Living  
Farmington Hills ~ Independent Living

Palm Sunday

**RSVP for programs highlighted in yellow to [Julie.Wagner@corewellhealth.org](mailto:Julie.Wagner@corewellhealth.org) or leave your RSVPs in the black mailbox**