

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>1 <i>"February is the border between winter and spring."</i> ~ Terri Guillemet Tu B'Shevat Begins</p>	<p>10am Cardio Drum 1pm Book Club 2pm Game Hour – UNO 6:30pm Greedy Dice </p>	<p>10am Catholic Prayer & Communion 10am Men's Coffee 11am Rise & Thrive Chair Exercise 3pm FCL Library Hour & "Crafternoon" 7:00pm Bingo</p>	<p>10am Rise & Thrive Chair Exercise 10:30am Aggravation 11:30am Grocery Trip 1pm Song & Comedy Fest (held in the Coffee Room) 2-3:00pm Store Open 2-3:00pm Snack Cart</p>	<p>10am Cardio Drum 11am Thankful Thursday (held in the Coffee Room) 1:00pm Crossword 1:30pm Social Hour Root Beer & Vernor Floats (held in The Tarpinian Room)</p>	<p>10am Coffee & Donuts 11am Chair Exercise 2:00pm Soup Delivery 2pm Movie & Popcorn "Shirley" *The Shirley Chisholm story* (held in the Coffee Room) National Wear Red Day!</p>	<p>7 6:00 pm Brain Boosters Society Meeting & Trivia (held in the Coffee Room)</p>
<p>8 <i>Winners never quit and quitters never win.</i> ~ Vince Lombardi Super Bowl 2026</p>	<p>10am Cardio Drum 10:30am -12:30pm Stitching Group~ Drop In 2pm Game Hour – UNO 6:30pm Greedy Dice</p>	<p>10am Catholic Prayer & Communion 10am Men's Coffee 11am Rise & Thrive Chair Exercise 2pm Celebrating February Birthdays 7:00pm Bingo</p>	<p>10am Rise & Thrive Chair Exercise 10:30am Aggravation 11:30am Grocery Trip 1pm Song & Comedy Fest (held in the Coffee Room) 2-3:00pm Store Open 2-3:00pm Snack Cart</p>	<p>10am Cardio Drum 10:30am Trivia 1:00pm Crossword 2:00pm Singers 2pm Movie & Popcorn <i>An Unexpected Valentine</i> (held in the Coffee Room)</p>	<p>10am Coffee & Muffins 11am Rise & Thrive Chair Exercise 11:45am Community Valentine's Day Lunch (held in the IL+ Bistro) 2:00pm Soup Delivery</p>	<p>14  Valentine's Day</p>
<p>15 <i>"Though February is short, it is filled with lots of love and sweet surprises."</i> ~ Charmaine J. Forde</p>	<p>10am Cardio Drum 12:15pm Pizza Lunch & Bingo (\$10) (in The Tarpinian Room) 2pm Game Hour – UNO 6:30pm Greedy Dice Presidents' Day (U.S.)</p>	<p>10am Catholic Srvcs. 10am Men's Coffee 11am Rise & Thrive 3pm <u>Lukas Stachurski Accordion Performance</u> (held in the IL+ Bistro) 7:00pm Bingo Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</p>	<p>10am Rise & Thrive 10:15am Ashes for Ash Wednesday 10:30am Aggravation 11:30am Grocery Trip 1pm Song & Comedy Fest 2-3:00pm Store Open 2-3:00pm Snack Cart</p>	<p>10am Cardio Drum 1:00pm Crossword 1:30pm <u>National Mint Chocolate Chip Day Social</u> (held in The Tarpinian Room) 2:00pm Folkfest with Don Spry (held in The Tarpinian Room)</p>	<p>10am Coffee & Donuts 11am Rise & Thrive Chair Exercise 1:30pm Jigsaw Puzzle Race Competition (held in IL+ Bistro) *See details in the newsletter 2:00pm Soup Delivery</p>	<p>21 4:00 pm Community Sing-A-Long (held in The Tarpinian Room)</p>
<p>22 <i>"Every moment is a fresh beginning."</i> ~ T.S. Eliot</p>	<p>10am Cardio Drum 10:30am -12:30pm Stitching Group~ Drop In 11am Dr. Gopoian's Campus Podiatry Visits 2pm Game Hour – UNO 6:30pm Greedy Dice</p>	<p>10am No Catholic Srvcs 10am Men's Coffee 11am Rise & Thrive 12:30pm Select Rehab Lunch & Learn "Caring for Assistive Devices" 7:00pm Bingo</p>	<p>10am Rise & Thrive Chair Exercise 10:30am Aggravation 11:30am Grocery Trip 1pm Song & Comedy Fest (held in the Coffee Room) 2-3:00pm Store Open 2-3:00pm Snack Cart</p>	<p>10am Cardio Drum 12pm Angela Hospice "Coffee & Connection" (held in The Tarpinian Room) 1:00pm Crossword 2:00pm Singers 2pm Music w/Don Spry (held in the IL+ Bistro)</p>	<p>10am Coffee & Donuts 11am Rise & Thrive Chair Exercise 12pm Dash & Dine In Rainbow Chinese Eat together or p/up your meal in The Tarpinian Room 2:00pm Soup Delivery</p>	<p>28 Join your neighbors... ~ for a walk outside or in our hallways! ~ play a board game ~ build a puzzle together ~ plan a Happy Hour!</p>

RSVP for programs highlighted in yellow to Julie.Wagner@corewellhealth.org or leave your RSVPs in the black mailbox