



The Commons, Corewell Health Senior Living - FH ~ February News

- The [Snack Cart](#) selling Morrison Dining's sandwiches, hot entrees, salads and desserts are available on Wednesdays from 2:00-3:00pm in the Town Commons, held in The Tarpinian Room. You can also purchase the weekly dinner meal tickets during this time.
- The [General Store](#) is open every Wednesdays from 2 – 3:00 pm. The store is located in The Tarpinian Room and is well stocked ~ snacks, soups, cereal, candy, chips and more ~ please come and check it out!
- [Weekly grocery shopping](#) trips are offered for our IL residents on Wednesday at 11:30am. Residents should meet at the front entrance of the apartment building to meet the bus. Once you arrive at the grocery store you have one hour to shop and be back on the bus to return back to campus. [Please RSVP for all grocery shopping trips or with any questions by calling Julie at 248-615-2898](#)
- [Wednesdays at 1:00pm in the Coffee Room ~ "Song Fest & Comedy Hour with Todd B."](#) ~ join us in the Coffee Room each Wednesday to sing-a-long if you choose to with popular music from your and delight in humorous comedy sketches too. This is a great time to get together with your neighbors for some laughter and friendship!
- [Monday, February 2nd at 1:00pm ~ Book Club](#) ~ If you are interested in learning more about our book club, please contact condo resident Theresa Walker. The campus book club is held in The Tarpinian Room.
- [Tuesday, February 3rd at 3:00pm ~ Farmington Community Library Hour & Crafternoon](#)
 - Anna Hay, Senior Outreach Coordinator will be back in our Town Commons library to sign up our residents for a library card and is also available to discuss other services that the library offers. Anna restocks the library's shelves with large print books on this day and is also available to deliver and pick up books from your apartment or condo. Please stop by and meet Anna!
- [Crafternoon](#) with Anna & Rosie. Everyone is welcome – no rsvp needed

- Thursday, February 5th at 1:30pm ~ Join us for a delicious Rootbeer or Vernors (Boston Cooler) float courtesy of our Fullness of Life Fun-Raising!
- Friday, February 6th at 2:00pm ~ Movie & Popcorn ~ "Shirley" ~ Shirley Chisholm makes a trailblazing run for the 1972 Democratic Presidential nomination after becoming the first black woman to be elected to Congress.
- Saturday, February 7th at 6:00pm ~ "Brain Boosters Society Meeting & Trivia" trivia/jeopardy game. Join us for a fun evening where you will be broken into teams to play this fun game. Bring a snack or drink to share. Held in the Coffee Room this month.
- Monday, February 9th & 23rd from 10:30-12:30pm ~ Stitching Group ~ Come to our Stitching Group and make a different little project each time – supplied by the group! Bring what you are working on and share your talents with your neighbors!
- Tuesday, February 10th at 2:00pm ~ Join us for our monthly celebration of our Apartment & Condo residents who are celebrating a February Birthday! If you want to be included and you were left off of the birthday calendar, please let Julie know as we want everyone to join in celebrating you! Held in The Tarpinian Room.
- Thursday, February 12th at 2:00pm ~ Movie & Popcorn ~ "An Unexpected Valentine" A chance encounter on Valentine's Day brings Hannah and Finn together as they race through New York City to return a lost engagement ring and save one couple's special day.
- Friday, February 13th at 11:45am ~ Community Valentine's Day Luncheon. Join us in the IL+ Bistro to enjoy lunch together as a community. Must rsvp by Friday, February 6th.
- Friday, February 16th at 12:15pm ~ Join us for Pizza Lunch & Bingo
The cost is \$10 (price includes pizza, salad & pop) and the bingo cards are \$1 each.
***Please RSVP by Friday, February 13th in order to purchase enough pizza.**
- Tuesday, February 17th at 3:00pm ~ Accordionist Performance with Lukas Stachurski. Join your neighbors in the IL+ Bistro for an exciting performance.
- Thursday, February 19th at 1:30pm ~ National Mint Chocolate Chip Day Social ~ join us and enjoy a delicious dessert before Don's performance at 2pm.
- Thursday, February 19th at 2:00pm ~ Join us for Folk Fest with entertainment by Don Spry. Don has graciously offered to entertain our communities with his many musical talents! Join us in the Tarpinian Room to enjoy the entertainment and sing along if you choose to!
- Friday, February 20th at 1:00pm ~ Jigsaw Puzzle Race Competition ~ Teams of 4 residents & staff will race against each other to complete the same 300-piece puzzle. The team that completes the puzzle first will win a prize!! Join us in the IL+ Bistro. Please rsvp by February 16th in order to have enough puzzles.

- **Saturday, February 21st at 4:00pm ~ Community Sing-A-Long ~ please join your friends & neighbors in The Tarpinian Room to sing along or just to be entertained by musician Don Spry and your neighbors! Bring a snack or drink to share ~ if you are so inclined. No experience necessary – everyone is welcome!**
- **Monday, February 23rd after 11:00am in the IL apartments and then they head to the Condos. We have partnered with Dr. George Gopoian DPM, a podiatrist in the Farmington Hills area, to service our campus. Dr. Gopoian will be on our campus monthly. He starts in the IL Plus building and works his way throughout our campus – including apartments and condos. You must sign up each month to see Dr. Gopoian, please call Julie or email her at Julie.Wagner@corewellhealth.org**
- **Tuesday, February 24th at 12:30pm ~ Lunch & Learn ~ “Caring for Assistive Devices” with Select Rehabilitation, Therapy program manager David Sharath, P.T. & OT Arlene from Select Rehab.**
- **Thursday, February 26th at 12:00pm ~ Angela Hospice ~ Coffee & Connection ~ An hour-long community conversation addressing different issues in our lives with the opportunity to ask questions and speak with the presenter Keely Rhiannon, LLMSW, CGP, CGCS-CA. The program will be held in The Tarpinian Room.**
- **Friday, February 27th at 12pm ~ Dash & Dine In – by popular demand we will be ordering from Rainbow Chinese Restaurant - order form attached and also available in the Town Commons. Pick up your meal or eat together in the Tarpinian Room. Orders due to Julie by Tuesday, February 24th.**

Reminder that all RSVP can go in the black mailbox outside of Julie’s office – please put the **red flag** up so that we know there is mail in the box. You can also leave a voicemail at 248-615-2898 or email Julie.Wagner@corewellhealth.org